



Appendix 4

Strengths / skills / positive things / things that volunteers are good at:

Willingness to problem-solve alone

Ability to problem-solve methodically, logically

Good at academic work

Very fast reasoning, logical thinking

Objectivity – ability to look at things without clouding effects of personal emotion

Keep calm in crisis, still able to think logically

Sincere, honest, no hidden agenda

Working with children

Direct – gets to the truth

Good focus (when interested)

Good at following structure, enjoys categorisation

Clear mental cataloguing, representation of things in mind

Good at planning, organizing (implementation of plan not necessarily included here)

Navigation, orientation, following maps

Good at spatial and 3D planning and mental visualisation

Positive attitude towards life, change, self-development

Thinks about stuff, questions, tries to understand

Sense of humour

Empathy, sensitivity, kind to people, care about how others feel

Good instinct about stuff e.g. how someone feels e.g. animals

Attention to (some) detail

Memory for concrete detail



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Sensory experience unique

Faithful, loyal

Getting on with a job

Determined, strong minded, survivor, inner confidence

Try hard, put in a lot of effort, persistent

Articulate

Good at helping others

Research – looks things up, finds things out

Strong moral code

Not afraid of being unique, no need to be like others

Positive attitude towards personal change, self development

Observant, can learn some things by observation

Expressive

Knowledge of ASD

Accuracy

Creative, artistic, musical

