



Future Security

Laura Williams (UK)



This project has been funded with the support of the Lifelong Learning Programme of the European Union. This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained herein.



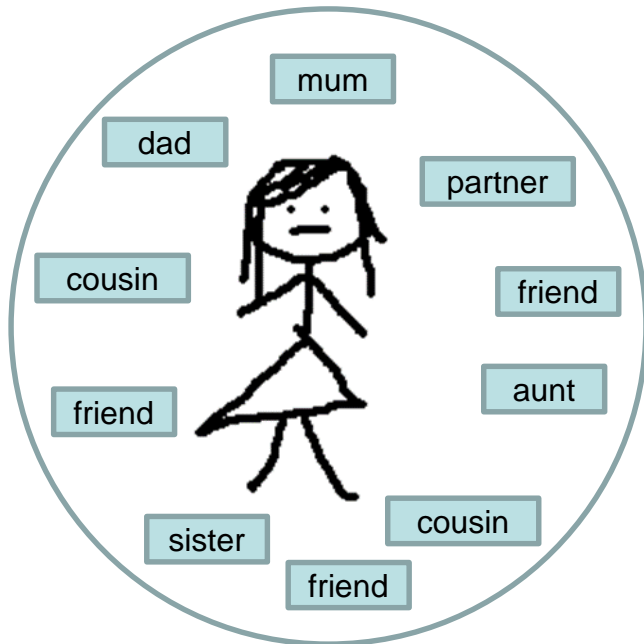
Introduction

- In the UK the results of the PWI questionnaire showed Future Security is the area in which we were least satisfied.
- Thinking about the future is often a problem. Could lead to negative effects on:
 - Satisfaction
 - Planning

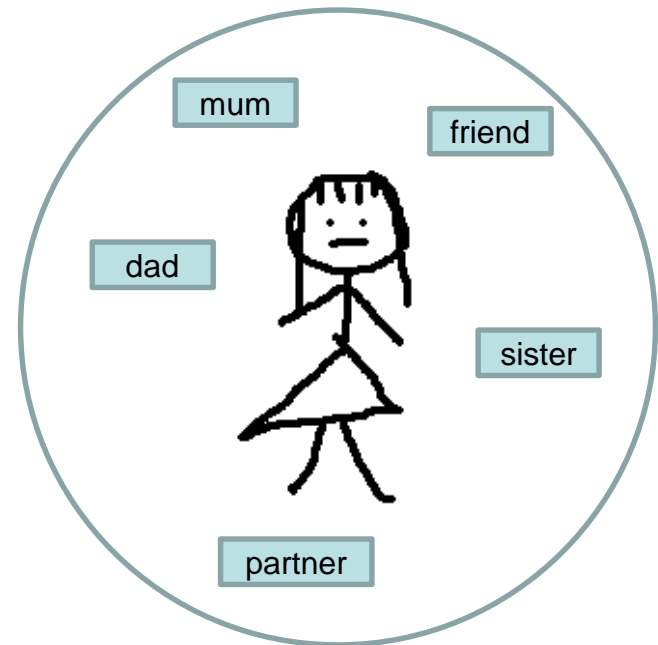
The dominant theme of our discussions about Future Security was Future Support – emotional, practical and financial.

Future Support

Circles of Support



Non-autistic woman



Woman with autism

Future Support

- Circle of support tends to be smaller
- It may also get smaller through time
- Challenges tend to be greater

Therefore we need support from 'outside' too

But our tendency to 'Mask' may make things even more difficult



Accessing outside support

- We may seem not to meet eligibility criteria.
- Fighting for support requires time and effort.
- We may not manage to get the support we need

Employment

- Getting appropriate support once both to get a job and to maintain it
- Matching our abilities to the right job is difficult – can lead to unemployment or underpayment.

Employment - Finding a Balance

Job not
matching
abilities



Low paid
=
financial stress

Not challenging
Lack of
emotional
stress



Low paid
=
financial stress

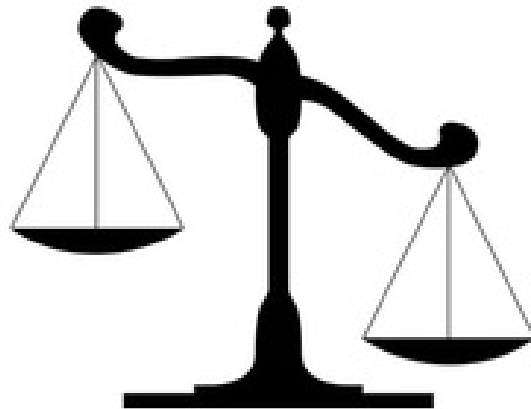
Employment - Finding a Balance

Challenging
Fulfilling
Good money
Less financial
stress



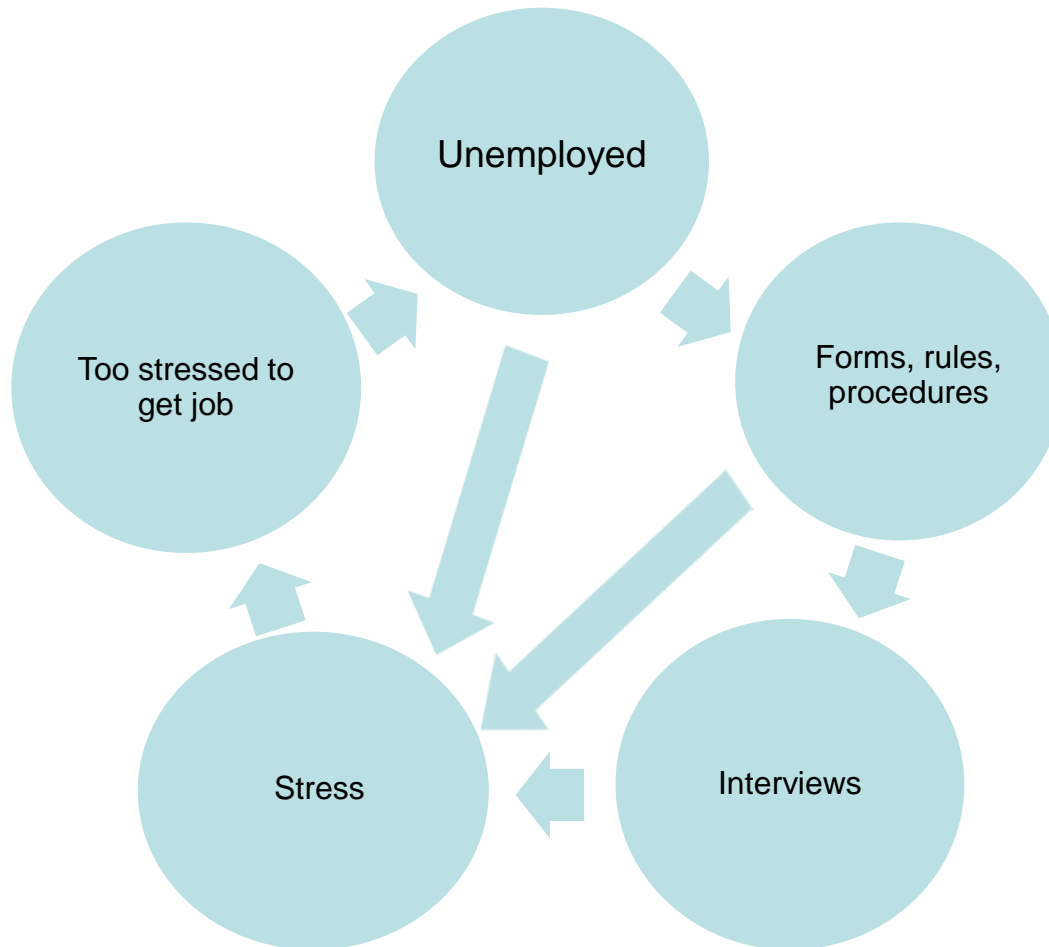
Challenging
=
Emotional stress

Challenging
Good money
Less financial
stress

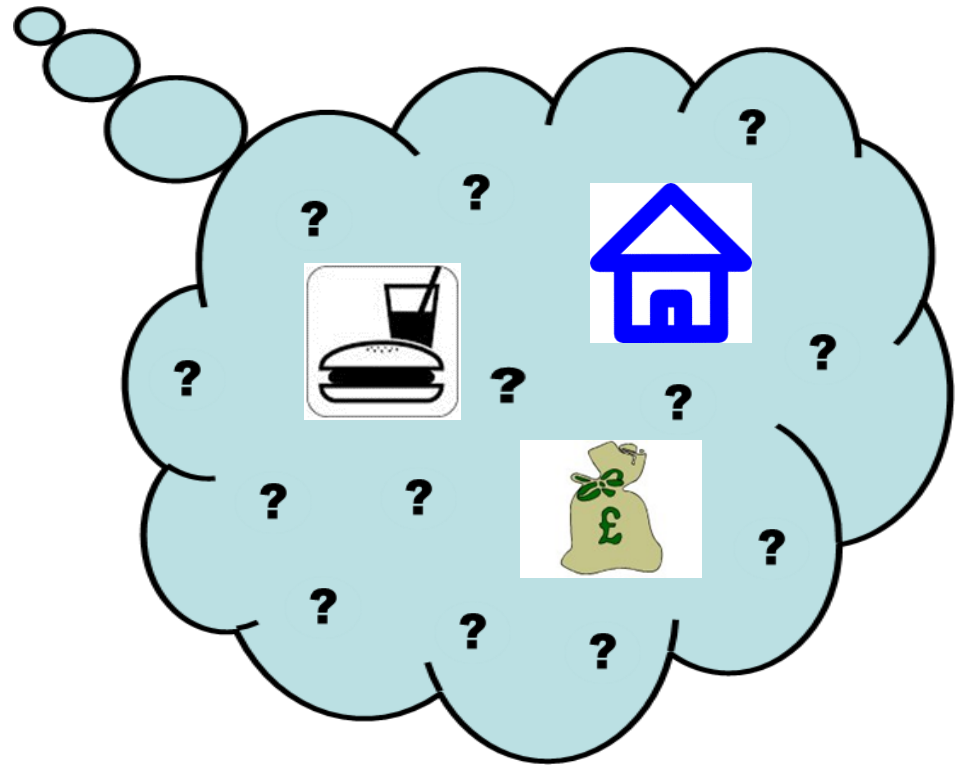
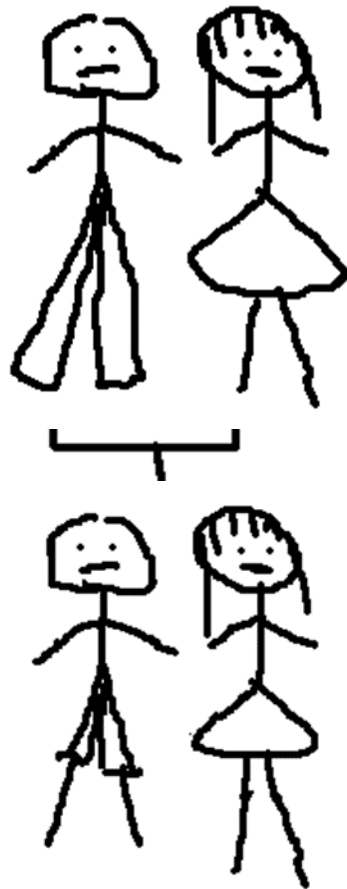


More challenging
Less fulfilling
=
More emotional
stress

Unemployment



Providing for children



Conclusions

We need individual support to help plan for the future, and to provide assistance both now and in the future

We have great potential but need help to fulfill it.

Knowing we are working to achieve our potential improves current and future prospects

All we ask for is understanding and support



Up next

Spain: Standard of Living