



# Future Security

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# Introduction

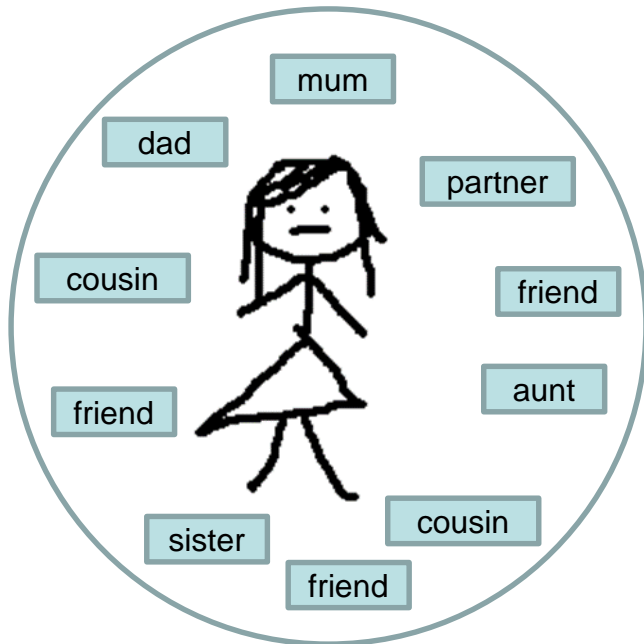
- In the UK the results of the PWI questionnaire showed Future Security is the area in which we were least satisfied.
- Thinking about the future is often a problem. Could lead to negative effects on:
  - Satisfaction
  - Planning

The dominant theme of our discussions about Future Security was Future Support – emotional, practical and financial.

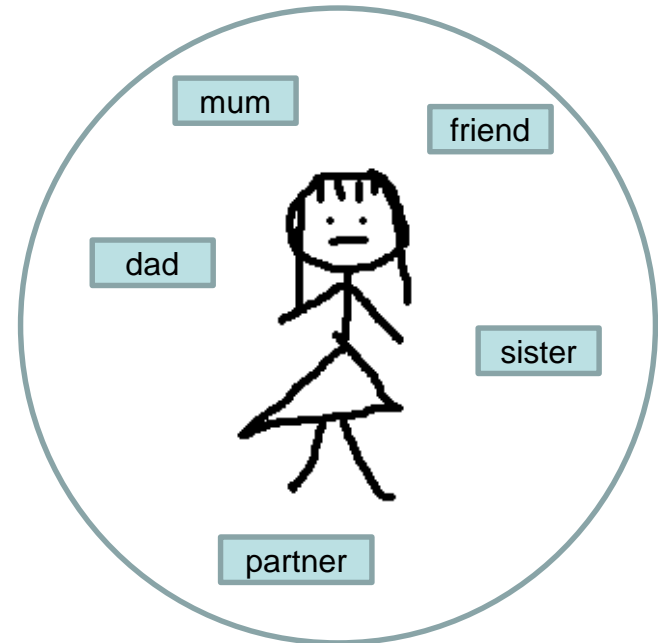


# Future Support

## Circles of Support



Non-autistic woman



Woman with autism

# Future Support

- Circle of support tends to be smaller
- It may also get smaller through time
- Challenges tend to be greater

Therefore we need support from 'outside' too

But our tendency to 'Mask' may make things even more difficult

# Accessing outside support

- We may seem not to meet eligibility criteria.
- Fighting for support requires time and effort.
- We may not manage to get the support we need

# Employment

- Getting appropriate support once both to get a job and to maintain it
- Matching our abilities to the right job is difficult – can lead to unemployment or underpayment.

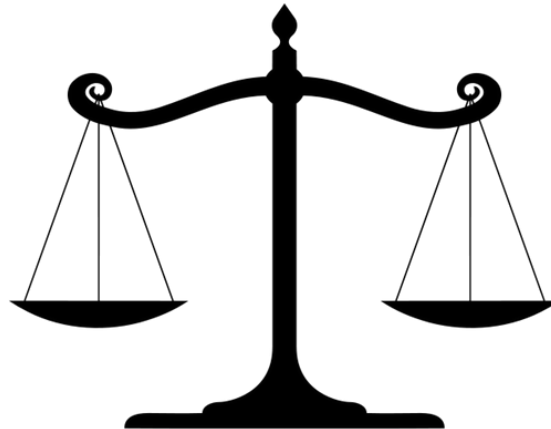
# Employment - Finding a Balance

Job not  
matching  
abilities



Low paid  
=  
financial stress

Not challenging  
Lack of  
emotional  
stress



Low paid  
=  
financial stress

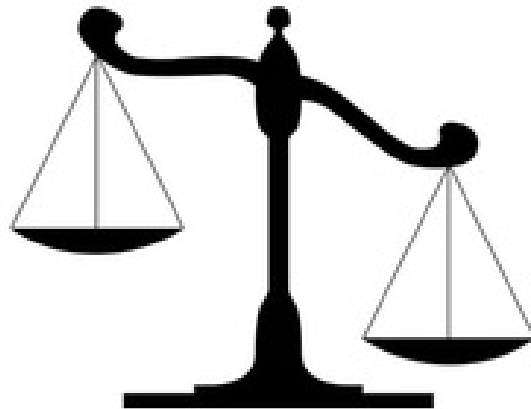
# Employment - Finding a Balance

Challenging  
Fulfilling  
Good money  
Less financial  
stress



Challenging  
=  
Emotional stress

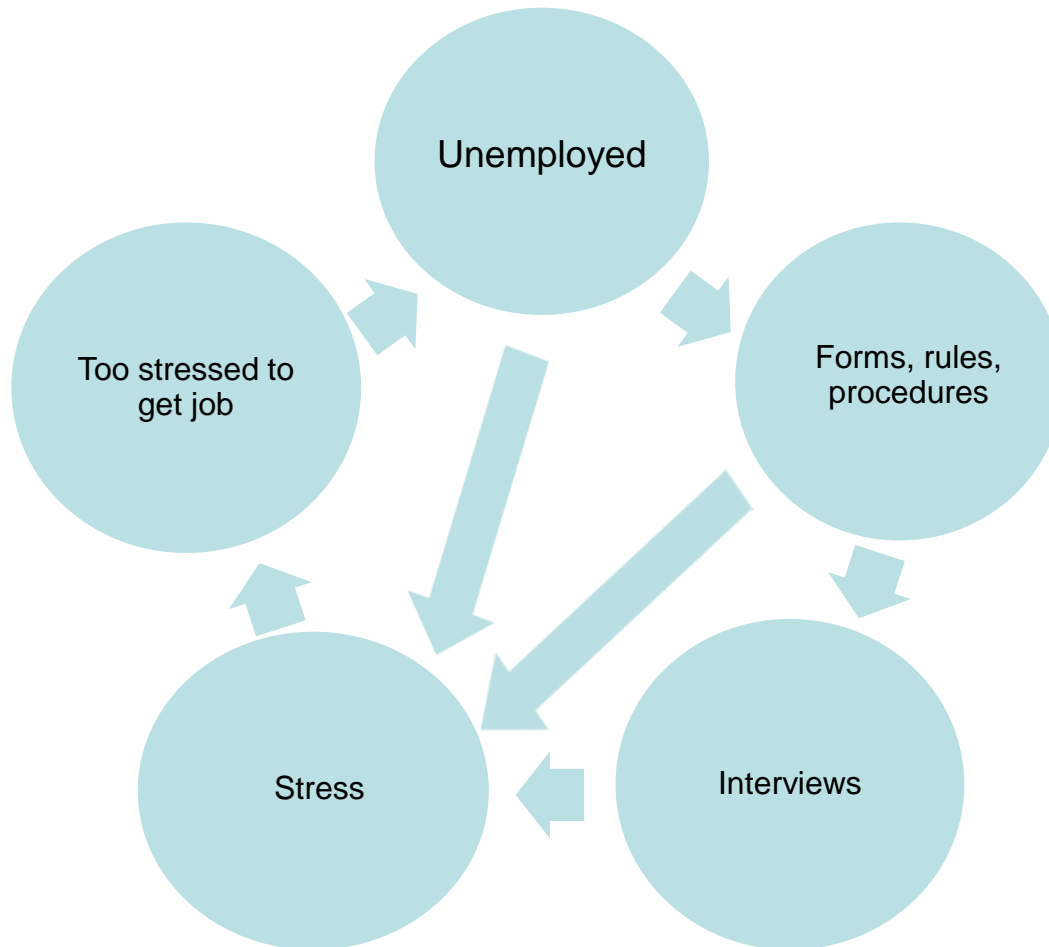
Challenging  
Good money  
Less financial  
stress



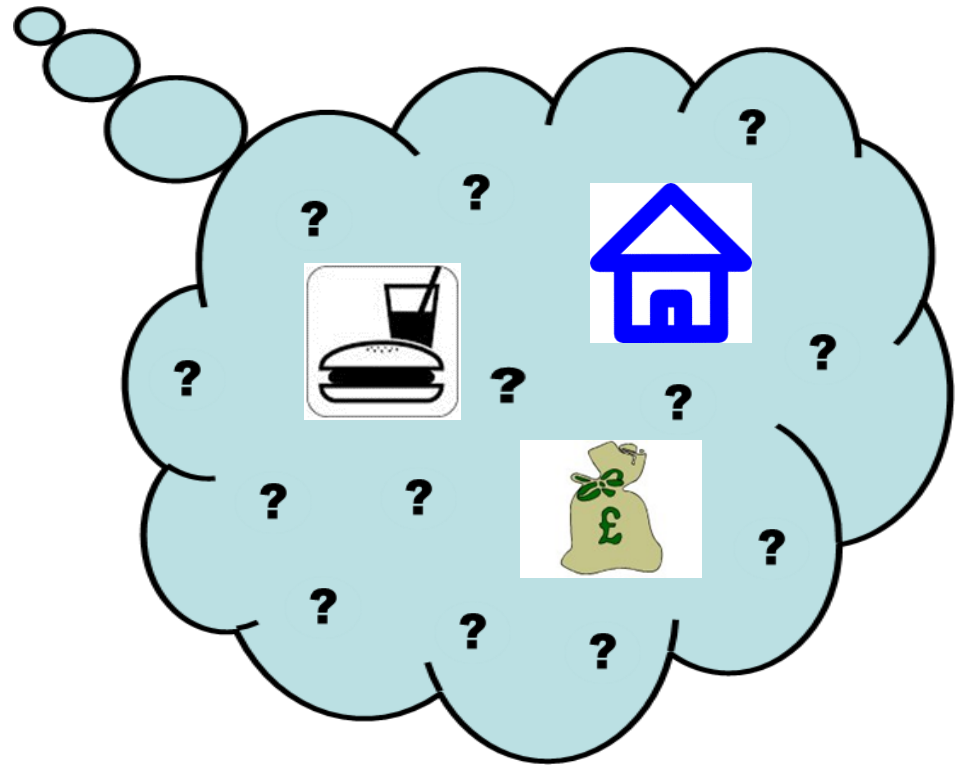
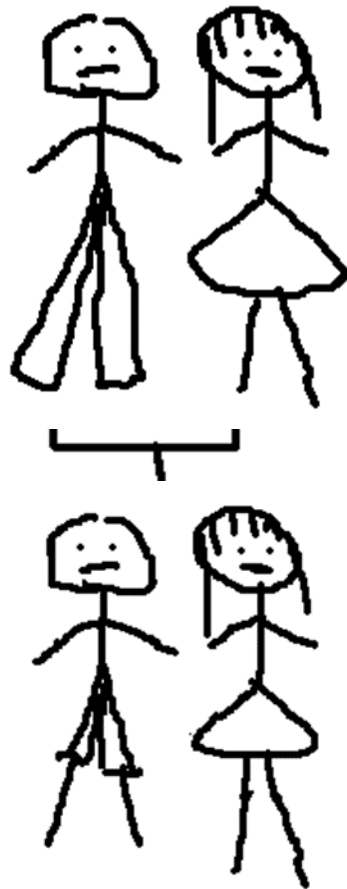
More challenging  
Less fulfilling  
=  
More emotional  
stress



# Unemployment



# Providing for children



# Conclusions

We need individual support to help plan for the future, and to provide assistance both now and in the future

We have great potential but need help to fulfill it.

Knowing we are working to achieve our potential improves current and future prospects

All we ask for is understanding and support



Up next

Spain: Standard of Living